

## **Armchair Adventures: A Join-in Story Podcast For Kids**

### **A Super Sustainable Fashion Adventure!**

#### **Part 2**

Connie: Welcome to the Armchair Adventures Travel Agency, journeys of the imagination. I'm Head Travel Agent and Host, Connie!

*Music: Armchair Adventures theme tune*

Connie: Good morning, afternoon or buenas noches, wherever you're listening from adventurers. The voices of this episode's special guest adventurers are...

*Adventurers all say their names*

Connie: Hi Everyone!

Adventurers: Hi Connie!

Connie: You too can star in an episode of Armchair Adventures as one of our special guest adventurers. All you need to do is ask your grown up if you can join the Armchair Adventures fanclub on patreon. For more info, simply head to the Armchair Adventures website, that's www dot armchair dash adventures dot co dot uk, and click on the Adventurer fan club page!

Connie: On an Armchair Adventure we can go anywhere we like from the comfort of where we are right now, so they're perfect for everyone, no matter what age you are. Restart. Call. Now.

#### **Scene 6**

*SFX party music, everyone dancing and partying.*

Connie: Welcome back adventurers. Last time we saw you, we were on an adventure with my Uncle Chris' fashion designer Friend Amy, to learn where fabrics come from and how we make fashion more sustainable!

Amy: Hello again everyone. Let's play pin the tail on the donkey!

Cyril: Me first Amy.

Amy: Here's your blindfold.

*SFX blindfold*

Pat: Sustainable means reusing and recycling clothes so we don't damage the environment.

Ada: Look out Steve, Cyril's missed the donkey and he's coming right for you ...

Keith: We went to Amy's super sustainable design studio...

Jean: And blasted off in her wardrobe to find out where fabrics come from...

Hazel: ...Armchair Adventures Style!

*SFX Wardrobe blasting off*

Connie: We visited a wool farm and learnt about looking after the sheep so they give us their fleece every year to make wool...

*SFX baaaa of sheep*

Walter: And a cotton farm and saw how to protect the soil to help the cotton plants grow.

*SFX Growing sounds*

Steve: Yewoch! It's pin the tail on the donkey not the Steve!

Cyril: Whoops, sorry!

Pauline: Hurry up with the re-cap Connie you're missing all the birthday party games!

Lily: Let's play musical statues next!

Connie: But I got a bit worried about ordering my new prom dress in time from a fast fashion website...

*SFX Dress notification*

Lynda: ...and we didn't know where the fabrics it was made of came from...

Hazel: So, Amy took us underground to learn about fossil fuels...

Keith: Here we met an oil monster.... and we were all a bit scared...

*SFX Oil monster*

Connie: But it turns out he was really friendly!

Amy: And that it was his 256 millionth birthday!

Connie: So, we decided to give him an underground birthday party. Come on everyone let's play musical statues! When the music stops you have to freeze!

*Customers excited to play*

You too adventurers!

*SFX Ding then music playing with a freeze*

Adventurer: I'm throwing some shapes

Adventurer: FREEZE!

Adventurer: I can't hold this pose

Adventurer: I'm going to win

Adventurer: You moved!

Adventurer: No I didn't

Adventurer: Wow, Oily that's a cool pose

Oil: Thank you for a great party, Connie!

*SFX Dress notification*

Connie: No problem! Do you know what everyone, forget about this new plastic oil dress, I'm going to go sustainable and wear my mum's prom dress.

*The customers and oil all congratulate connie.*

Keith: There's still one item in the wardrobe we haven't learnt about too, the pants made of trees!

Amy: Then there's only one thing for it! Back in the wardrobe everyone... I think I'm getting the hang of this journey of the imagination magic Connie...

Connie: Me too Amy, lovely to meet you, Oil.

Oil: Come back soon!

Amy: Is everyone in?

*Customers - affirmative!*

Pat: Then hold on to these pants and let's find out where they come from!

*SFX Wardrobe blasting off.*

## **Scene 7**

*SFX Woodland atmosphere, birds tweeting, bugs humming, trees swaying in the breeze.*

Pauline: What a beautiful forest!

Walter: The gentle breeze on your face.

Anne: All the animals and wildlife rushing around...

*Customers enjoying the forest...*

Connie: It's so green and peaceful, what can you see in the forest adventurers?

*SFX Ding*

Adventurer: Lots of bugs buzzing around

Adventurer: Squirrels running in the trees!

Adventurer: There's lots of beautiful flowers and plants

Adventurer: It's beautiful here

### *SFX Squirrel*

Anne: Look at that little red squirrel, it looks like it wants us to follow it...

Amy: Let's see where it's going everyone...

Anne: It looks like it wants to tell us something

Cyril: Hello squirrel!

*Customers all agree.*

Keith: It's showing us its lovely home in this big old tree.

Hazel: It's quite high up...

Connie: That's so cool, but what's that buzzing sound in the distance?

### *SFX tree cutting in the distance.*

Connie: I'm going to climb up this tree with the squirrel and find out...

Lily: Be careful Connie!

*\*Promo swap\**

Connie: While I make my way up the tree, Let's pause our journey of the imagination. There's something I'd like you to listen to. It's another podcast I think you'd enjoy...

### *Advert plays*

Connie: Welcome back adventurers. Let's get back to the forest...

*\*Promo swap ends\**

### *SFX tree climbing*

John O'G: Can you see anything Connie?

Connie: Oh no gang, there's people in the distance cutting down the trees! We have to stop it; we can't let them take this squirrel's home!

*Customers concerned*

We need to protest; this is not sustainable!

Let's make some placards to protest with! Mine will say 'hands off our trees!' What would yours say adventurers!

*SFX Ding*

Adventurer: Save the trees!

Adventurer: Nature first

Adventurer: Save the animals!

Adventurer: Don't hurt nature

Connie: These are great! Now we need a chant so all those work people cutting down the trees can hear us! After me Adventurers - Save the trees, save the trees!

*SFX Ding*

Adventurers: Save the trees, save the trees!

*SFX Connie and adventurers chant to underscore*

Pat: Hang on Connie, I think the squirrel is trying to tell us something...

*SFX squirrel sounds*

Connie: It's not working adventurers they are still cutting down the trees...

*SFX tree saw.*

Connie: It's time for more action! Let's chain ourselves to the trees, come on everyone, there's no time to waste!

Pat: Connie wait!

Cyril: Slow down!

*Customers trying to get her to stop for a second.*

Anne: The squirrel is pointing upwards,

Amy: Were on an armchair adventure, maybe it's trying to tell us something?

Pat: Climb a bit higher Connie

*SFX Squirrel*

Connie: Ok Squirrel friend, I'll come and see. You too adventurers pretend climb the tree with me!

*SFX Ding*

Adventurer: Uh oh – it's very high up!

Adventurer: I can see a bird in the nest

Adventurer: I'm scared of heights!

Adventurer: Wow you can see so far up here

*SFX Squirrel*

Ronnie: Any news Connie?

Connie: (Shouting down) Well, in place of the trees they cut down the workers are planting new ones...

Pat: Well that's good news?

Connie: Maybe, but they will take ages to grow, I still don't want them to cut down this squirrel's home...

Amy: The part of the forest we're in is protected Connie. That means the workers you can see can't cut any of it down. They have agreed to only use the land they are working on and that they have to replace what they take by planting new trees.

Connie: Oh I see, I suppose that is a good way of doing things.

Amy: Why don't we go and help them plant some new trees and find out more.

Connie: Ok Amy, let's do it.

Pat: Come on everyone, let's go and help the workers plant new trees!

Hazel: Yes please, I love gardening!

Pauline: Last one there's a rotten egg!

*Customers all running off laughing.*

Connie: Wait for me, everyone! Down I go...weeeee!

*SFX sliding down the tree and running followed by planting atmosphere.*

Hazel: Ok, first tree sapling going in...

Lynda: Another one planted over here!

Jean: So, do all people who farm trees for fabric replace them like this Amy?

Amy: If only, the majority of trees that are cut down are never replaced, that's why, if we can, it's even better to reuse what we already have instead of making new things.

*SFX dig and plant sounds*

Cyril: That's another tree planted!

Pat: So, more shopping at charity shops?

John O'G: Or swapping clothes with friends?

Amy: Definitely, or repairing what we have and recycling the fabrics that already exist into new clothes.

Connie: So all the places we have visited are the best way of making new things, but we should try and use what we already have?

Amy: Spot on Connie! Trees are so important for the environment we should limit the amount we take, because as you said, they take a really long time to grow back.

Connie: Thanks everyone! I've learnt so much on our adventure so far. It's important for me to wear my mum's prom dress...even though it really, really, **really** doesn't suit me...

Pauline: Oh I'm sure it's not that bad Connie...

Hazel: You'll look smashing...

Pat: Are the 80's back in?

Cyril: You look great in it!

*Customers being positive.*

Connie: I don't know everyone...here's a picture of me in it...

*SFX connie getting picture up on her phone.*

*Customers trying their best to cover up that it looks terrible- 'oh no its eerrmm lovely', sharp intake of breath then covering it up.*

Connie: Nice try everyone, but I know it doesn't suit me...but at least I'm doing my bit for the planet...

Amy: Hang on Connie, reusing clothes doesn't mean they have to look the same ...let's head back to my studio and give you a little bit of inspiration for a rework instead of a re-wear! ...Off to the wardrobe!

Hazel: Okie dokie!

Lynda: I actually like it in there now.

John: Let's go!

*Customers making their way.*

*SFX Wardrobe blasting off.*

## **Scene 8**

*SFX design studio atmosphere, sewing machines, cloth cutting, drawing sounds etc.*

Amy: Welcome back everyone. There's loads of ways to rework an old dress into a style you like. Just unpick it, cut it, and re stitch it into the style you want...lend me a hand everyone? There's lots of ruffles to unpick here!

*Customers are up for it.*

*SFX everyone unpicking the dress and mucking in*

Connie: Wow, I never thought about reworking it! Is this why you got into Fashion Amy?

Amy: The opposite to be honest Connie. I grew up on a farm, completely off grid, that means we had to make our own electricity from nature.

Connie: No way, how did you watch tv?!

Amy: If it wasn't windy we didn't, we used the wind to generate the power!

*Customers react.*

Pauline: Well I never

Theresa: I wouldn't want to miss the soaps

Lynne: I wouldn't want to miss the sewing bee!

Amy: Growing up I never had the latest things and always wanted to fit in with everyone else, wearing the cool new trends, that's what got me into fashion...

Cyril: Yaaaaowww!

Lilly: Are you alright Cyril?

Cyril: I just pricked my finger on this sewing machine needle!

Connie: Be careful everyone! So how did you decide to become more sustainable in your work?

Amy: Well, the more I worked in the fashion industry the more I realised the damage it was doing to the earth, and growing up on the farm really taught me how everything good comes from nature. I wanted to bring both of my passions together.

Pat: That's really important Amy, you've really inspired me!

*Customers all agree.*

Amy: Thank you, Pat. I think knowing where your clothes come from and not being afraid to buy second hand or rework and repair old styles is the future for us and the planet!

Speaking of which, this old 80's dress is unpicked and ready to be cut up and remade, come on everyone let's try designing some new styles!

*Customers all excited and reworking their clothes.*

Hazel: Oh this bit of pattern fits this material here

Keith: Pass the buttons please

Teresa: Pass the scissors please

Ronnie: This is going to look fabulous



*SFX everyone cutting up and stitching*

Connie: You too adventurers!

*SFX Ding*

Adventurer: I'm going to make a Mbappe shirt out of a Beckham shirt

Adventurer: You're going to look so cool!

Adventurer: I want to make Pokémon tops out of my old duvet

Adventurer: Can you make me one too?

Adventurer: I'm going to use my grandpa's old shirt to make a cool outfit

Connie: How have we got on everyone?

Cyril: Well, do you like my new disco pants?

Lynda: Looking good Cyril!

*Customers react.*

Pat: What about my flower power dress?

Pauline: I like that!

*Customers react.*

Ada: I've put lights in my outfit that flash along with the music!

Teresa: Very flashy!

*Customers react.*

Amy: I love everybody's reworked designs! This calls for a fashion show! Get your creations on and let's see them on the cat walk everyone!

*SFX an underscore the following with cameras going off etc it's a fashion show!*

*Customers strutting their stuff.*

Amy: You too adventurers. Strut your stuff!

*SFX Ding*

Adventurer: I'm so stylish it hurts

Adventurer: You'd better work supermodels!

Adventurer: Give us a twirl

Adventurer: Vogue here I come!

Adventurer: Strike a pose

Connie: Wow everyone looks amazing!

Amy: I think it's your turn now Connie, I've designed this one for you...

Connie: Wow, Amy it's incredible. It's exactly my style - thank you so much!

Amy: My pleasure Connie, now get up there on the catwalk.

Pat: Get up here Connie!

*Customers encourage Connie.*

Walter: Go and show off

Keith: It looks fabulous!

Lily: It looks nice on you.

Connie: Here I come everyone!

*Song: Don't Just Throw Those Clothes Away*

*I am young and I wanna look cool,  
And be just like all my friends at school.  
I thought they'd laugh if I wore hand me downs,  
But now I've got a dress that'll stand me out from the crowd.*

*There's a climate change emergency,  
And we've all got a part to play.  
So stop and think what we can do, it's up to me and you,  
To help save the planet today.*

*It's best to re-use what we already have,  
Yeh recycle the things you don't need.  
You can re-work your old clothes  
Be unique don't fit the mould,  
And we'll help save the planet along the way.  
Yeh don't just throw those clothes away.*

*Don't just throw those clothes away!  
Don't just throw those clothes away!  
Don't just throw those clothes away!*

*I could buy my clothes from the charity shop,  
Or swap with my friends, re-design what I've got.  
And I'll feel good, 'cos I'll know I've done good,  
Looking after nature is what I love.*

*There's a climate change emergency,  
And we've all got a part to play.  
So stop and think what we can do, it's up to me and you,  
To help save the planet today.*

*It's best to re-use what we already have,  
Yeh recycle the things you don't need.  
You can re-work your old clothes  
Be unique don't fit the mould,  
And we'll help save the planet along the way.  
Yeh don't just throw those clothes away.*

*Don't Just throw those clothes away!*

*You can crop them  
You can cut them  
You can zip them  
You can trim them  
You can lace them,  
You can string them.  
You can tack them,  
You can fringe them.*

*Don't Just throw those clothes away!*

*Use buttons,  
Use pockets,  
Use fabrics,  
Elastic.*

*Don't Just throw those clothes away!*

*You can sew them,  
You can stitch them,  
You can pin them  
You can fix them.*

*Don't Just throw those clothes away!*

*Don't Just throw those clothes away!*

*You can crop them  
You can cut them  
You can zip them  
You can trim them  
You can lace them,  
You can string them.  
You can tack them,  
You can fringe them.*

*Don't Just throw those clothes away!*

*Use buttons,  
Use pockets,  
Use fabrics,  
Elastic.*

*Don't Just throw those clothes away!*

*You can sew them,  
You can stitch them,  
You can pin them  
You can fix them.*

*Don't Just throw those clothes away!*

Connie:      Wow! What an amazing Armchair Adventure. I can't wait to rework my dress now that I'm home.

Pat: And I can't wait to see what I'm wearing the next time I open the wardrobe!

Teresa: Me too, I'm looking forward to telling everyone I'm wearing a tree!

Keith: Or say I'm wearing my cosy sheep jumper, Baaa baaa!

Hazel: I'm going to keep cool in my cotton plant dress.

Connie: I've learnt so much about fashion and how I can choose different clothes to help the environment and still look cool...

Lily: Spot on Connie.

Pat: I'm so glad we went.

Lynda: It's been so interesting.

*Customers all agreeing.*

Connie: Goodbye everyone.

Adventurers: Goodbye Connie!

Customers: Goodbye.

Connie: End, call now...

*SFX Phone hanging up*

Connie: Lovely.

Next time you're picking out some clothes to wear, check the label adventurers and see if you are wearing a tree, a plant or even a sheep's fleece! See you all on our next adventure!

*Music: Armchair Adventure's theme*

Gaz: This episode was funded through the 'Energy Saving Trust Foundation's Youth Climate Action Fund'. With special thanks to Amy Powney.